



JEN
NASH

JEN IS A TRANSFORMATIONAL LEADERSHIP AND TEAM COACH,

-serving people to unleash and unlock potential, realize impact and consciously thrive in complexity that life presents us. One unique aspect of Jen's coaching is that rather than trying to reduce, avoid or remove complexity that is present, Jen works with her clients to navigate through it by holding space for creative energy to emerge, and sparking what is possible for her clients.

Jen is a heart-centered coach whose experience serving globally across corporate, academic, health care, non-profit and professional services environments has been developed over the past 20+ years. Jen started her career in business development for one of Canada's largest legal firms before she relocated to Asia to explore, learn and grow. Upon her return to Canada, Jen embarked upon an award-winning career in Sales & Marketing for various multinationals before she transitioned into the fields of Adult & Organizational Development and became a Certified Coach.

Jen is an ICF-accredited Professional Certified Coach (PCC) and a CoActive Certified Professional Coach. She also has expertise in Systemic Team Coaching (AoEC), Organizational and Relationship Systems Coaching (CRR Global) and Agile Coaching (IC-Agile). Jen is a certified practitioner of The Leadership Circle, BeWellLeadWell and Integrative Enneagram.

Jen is a wife and parent of two beautiful children who keep her curious about human development. Jen loves to explore our world, dance, hike and will always have a course or two on the go! The mantra she holds for herself and her clients is: "Be You & Live Fully".

MBA / CPCC / PCC

PLEASE EXPLORE JEN'S
PROFESSIONAL BACKGROUND
ENDORSEMENTS, AND
CERTIFICATIONS.

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WHAT'S POSSIBLE FOR YOU!

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